



Short Term Care  
and Rehabilitation  
Services

### Welcome to Remarkable Recoveries

Remarkable Recoveries is a dedicated short term rehabilitation unit devoted to the needs of patients requiring therapies and care as they recover from illness, accident or surgery.

We specialize in treating the unique needs of people who are in transition between the hospital and home. Our interdisciplinary approach combines aggressive rehabilitation and nursing care designed to return our patients home, usually within 30 days.

Our specially trained post acute care staff works with each individual to develop a coordinated plan for recovery focusing on the skills and techniques needed to achieve personal independence. We also provide support and full circle discharge planning to ensure the success of the transition home.



### To Learn More...

If you or a loved one would like more information about Remarkable Recoveries, please contact Dina Cottone Lynch, Director of Admissions, by calling **978-685-6321, ext. 1438.**



Short Term Care and Rehabilitation Services  
A Program of the MI Nursing/Restorative Center  
172 Lawrence Street, Lawrence, MA 01841  
(978) 685-6321 • [www.mihcs.com](http://www.mihcs.com)



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### **Our Services**

Remarkable Recoveries utilizes an interdisciplinary approach to healing. Our rehabilitation services and alternative modalities are designed to promote wellness and enhance the quality of life. Core therapeutic services are offered up to six days a week and, depending on a patient's particular needs, may include:

#### **• Physical Therapy**

Manipulation and exercise using state-of-the-art equipment and a fully equipped rehabilitation gym.

*Treatment focus can include:*

- Muscle strengthening
- Gait analysis and training
- Pain management
- Falls and safety education

*Available treatment techniques include:*

- Diathermy
- E-Stimulation for pain control, muscle stimulation and strengthening
- Therapeutic ultrasound

#### **• Speech Therapy**

- Specialty care designed to improve speech and swallow including:
  - Diagnostic swallow studies
  - Strengthening language ability
  - Improving verbal communication and cognitive function



#### **• Occupational Therapy**

Improving ability to perform basic Activities of Daily Living (ADL) skills such as self care, meal preparation, and functional mobility through hands-on techniques and exercises in our enhanced therapy gym.

#### **• Other On-site Services**

- Nutrition management
- On-site beauty and barber services
- Skin care
- Spiritual care and support for all faiths

### **Quality Care in a Comfortable Setting**

Remarkable Recoveries features a home-like setting designed to promote healing and independence.

We offer:

- Private rooms complete with flat screen televisions, cable and telephone service
- Private nursing unit dedicated to the needs of the short term rehabilitation patient
- Flexible visiting hours for family and friends
- Enhanced dining experience with expanded menu choices offered at flexible meal times
- Guest meal availability
- Wide variety of activities

### **Full Circle Care**

Our focus is on helping patients return home quickly and safely. We encourage the involvement and support of family members and provide a welcoming environment for visitors. We pride ourselves on providing clear communication among patients, family and our staff.

To ease the transition home, our clinical staff will coordinate a comprehensive home care plan and arrange home services as needed.

